

Programs for Elementary School Students

It's never too early to start teaching children about safety.

Because safe adults can't always be there, even the youngest children need to know how to identify unsafe behavior and respond effectively. IMPACT's Elementary School program teaches children to call attention to threatening situations, distinguish between safe and unsafe adults, and ask a trusted adult for help. In a series of scenarios, instructors will take on the roles of potentially dangerous adults as well as familiar people and peer bullies.

IMPACT teaches viable safety skills in a fun, interactive environment.

Age-appropriate safety skills include:

- Using their voices for protection and to get help
- Finding safe adults
- Setting boundaries and communicating about situations that make them uncomfortable
- Awareness and safe distance
- Physical self-protection skills designed to facilitate escape
- Being an effective bystander in peer bullying situations

A program of any length can be designed to fit your schedule.

**For more information
or to schedule a class please contact:**

Meagan Anderson
IMPACT Operations Manager
(781) 321-3900
manderson@impactboston.org



What We Teach

Classes are taught by a team of two instructors, one of whom takes on the role of a perpetrator. He wears a full suit of body armor so students can safely defend themselves using the same force needed in a real attack. Through repetition, effective self-protection skills become automatic. Students learn to act effectively when they don't have time to think.

IMPACT
confidence ▶ safety ▶ empowerment